

Egg, Chicken, Dinosaur

Source: <https://sites.allegheeny.edu/studentinvolvement/evolution-egg-chicken-dinosaur/>

In this energizing warm-up game, everyone starts as an Egg, squatting down on the floor with their arms wrapped around their legs to make an egg shape. Everyone shuffles around until they encounter another Egg, at which point they play a game of rock-paper-scissors (it's a good idea to establish a rock-paper-scissors format before the start of the game since many people play two ways: either rock-paper-scissors or rock-paper-scissors-go). The winner evolves to a Chicken, while the loser stays an Egg and has to find another Egg to play. The winner walks around, bent over and flapping their wings, until they meet another evolved Chicken. Another game of rock-paper-scissors occurs between the two Chickens, and the winner evolves into a T-rex (makes sense, right?) while the loser devolves into an Egg again. The T-Rex stands upright and stomps around roaring with their arms tucked to their chest until they fight another T-Rex. The winner evolves into a Prince or a Princess (what?!) while the loser becomes a Chicken. Princes and Princesses walk around waving regally, and when they win a rock-paper-scissors battle they evolve to Kings and Queens. Kings and Queens stand off to one side of the room, posing royally and beaming benevolently at the other players. The game ends when there are no more battles to be fought: there will be one Egg, one Chicken, one Dinosaur, one Prince or Princess and everyone else will be a King or a Queen. What a crowded kingdom!